



BRCA-Netzwerk e.V.

Support for people facing hereditary cancer

Hereditary Breast and Ovarian Cancer



Bringing affected people together
Reaching out – **C**onstructive **A**dvice

sponsored by:



Deutsche Krebshilfe
HELLEN. FORSCHEN. INFORMIEREN.

Hereditary cancer: what is it actually?

Certain families have a history of cancer. This could be due to changes in genes. Genes are the body's blueprint and changes in genes increase the likelihood of developing breast or ovarian cancer. These are also known as risk genes. These changes can be inherited by children from their parents. Sometimes a genetic mutation is passed on, sometimes not. Men can carry and pass on a genetic mutation in the same way as women.

Am I affected?

If people in your family often got cancer or developed cancer at a very young age, a genetic test would be an option. This could clarify whether there is a hereditary cancer risk in the family. You can get a genetic test, for example, if several relatives have been diagnosed with cancer. It is important to look at both the mother's family and the father's family.

Not every person with a genetic mutation gets cancer.

A hereditary predisposition does not always mean that you will develop cancer. But the risk is higher. People with a higher risk are therefore offered more opportunities for early detection and prevention.

The BRCA-Netzwerk is here for you!

Do you have any questions about hereditary risk or genetic testing? At the BRCA-Netzwerk, we are here to help you with our personal experience.

Helping with experience

Many people are or have been in a similar situation as you. In the BRCA-Netzwerk, you can talk to other people affected. You can ask and you will be supported with your decisions.

BRCA therefore also stands for:

Bringing affected people together

Reaching Out

Constructiv

Advice

We are there for you:

- If you know you have a higher chance of getting cancer because of a genetic mutation.
- If you think you may have a genetic mutation and are considering genetic testing.
- If the genetic test results are unclear.
- If there is a history of cancer in your family.
- If you have been diagnosed with cancer yourself.

Affected families have many questions:

- *Should I take a genetic test?*
- *What does the test result mean?*
- *How do I talk to my family about it?*
- *Where can I find information?*

Hereditary breast and ovarian cancer

About 3 out of 10 breast and ovarian cancers are likely to be a result of genetic mutations. This is especially likely if it is not the first occurrence of the disease in a family or if the patient is very young. A genetic test may then be useful.

BRCA1 and BRCA2 are two well-known and important mutations in terms of cancer risk. However, other risk genes have also been researched. Changes in these genes can lead to varying levels of cancer risk. Some genes also influence the risk of other types of cancer.

A consultation can help

Do you think cancer runs in your family? You can consult with an expert regarding this. It is entirely up to you to decide whether or not to take a genetic test.

You can seek advice on genetic testing at a center that specializes in familial breast and ovarian cancer, among others. These centers can be found throughout Germany.

We offer flexible and location-independent exchange in the network on the net.



If you have any questions about hereditary breast and ovarian cancer or if you are looking for support, please feel free to contact us:



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Coordinator Scientific Advisory Board

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www.brca-netzwerk.de

Please find further information and contact details on our homepage:



We are looking for people who would like to volunteer with us in the BRCA - Netzwerk to support affected families.

We know from our own experience what a hereditary cancer risk means. That's why we get involved in a variety of ways:

- We help families dealing with an inherited cancer risk.
- We are a resource for people with various genetic mutations and with an unclear test result.
- We provide information about the options for early detection, prevention and follow-up care for hereditary cancer.
- We raise awareness about genetic cancer.

Help us with this!

Would you like to join us in supporting other people affected? We look forward to hearing from you.



Please send your completed membership form to:



BRCA-Netzwerk e.V.

Support for people facing hereditary cancer

BRCA-Netzwerk e.V.

Thomas-Mann-Straße 40 • 53111 Bonn

By Fax: 0228 / 33 88 9-110

Email: info@brca-netzwerk.de

Support the BRCA-Netzwerk!

To be able to further expand the network, we ask for your support and look forward to welcoming new members completed membership.

Our donation account at the Kreissparkasse Köln:

IBAN: DE62 3705 0299 0035 0015 53

Keyword „Spende BRCA-Netzwerk“.

If you provide your address, we will send you a donation receipt for tax purposes. If you have any questions, please contact our office in Bonn.

www.brca-netzwerk.de

Consult with us nonbinding if there is a high incidence of cancer in your family, if several cases of cancer are known, or if family members developed the disease at a very young age.

Membership fee payment

The minimum membership fee is € 5.00 per year.

I would like to transfer the fee

Please charge € _____ to my account
(Sepa direct debit mandate)

BRCA-Netzwerk e.V.

Hilfe bei familiären Krebserkrankungen

Creditor identification number: DE62 3705 0299 0035 0015 53

Mandate reference = future membership number

I authorize the BRCA-Netzwerk e.V. to collect payments for my membership from my account by direct debit. At the same time, I instruct my credit institution to honour the debits drawn on my account by BRCA-Netzwerk e.V.

Note: I can request a refund of the debited amount within eight weeks, starting from the debit date. The conditions agreed with my credit institution shall apply.

IBAN

[illegible]

Name: _____

Address:

City, Date, Signature

Signature of account holder,
if different from member

Membership application

In non-profit association

BRCA-Netzwerk e.V.

Support for people facing hereditary cancer

Last Name / Titel: _____

First Name: _____

Address: _____

E-Mail: _____

The membership is a minimum of € 5.00 per year.

In addition, your donation, sponsorship and/or active participation for the goals of the association, as defined in the statutes, are always welcome to support the mission of the BRCA-Netzwerk. If not revoked before the end of the year, your membership is automatically renewed for one year.

I would like to support the BRCA-Netzwerk through:

- ☐ a one-time donation of € _____
- ☐ an annual sponsorship of € _____
- ☐ my active participation
- ☐ please send me a receipt for my donation at the end of the year.

City, Date

Signature

With my signature I agree to the storage of my data. I am aware that I can obtain information about my personal data stored by the BRCA-Netzwerk, correct this data, request the restriction of processing and also request its deletion at any time. I have the right to revoke this consent at any time.



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 BRCA-Netzwerk e.V.

Forum in cooperation with Frauenselbsthilfe Krebs

www.fsh-forum.brca-netzwerk.de

We are a member of the Haus der Krebselbsthilfe- Bundesverband, the BAG-SELBSTHILFE, supporter of the National Decade against Cancer and cooperate with other cancer self-help organizations.

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dkfz. IN DER HELMHOLTZ-GEMEINSCHAFT
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